

Amity AC Basketball Code of Conduct

Participation in the Amity AC Basketball program is considered a privilege for players, coaches and spectators. All three (3) play a vital part in making the participation in youth basketball a positive experience for everyone to enjoy. Those who do not abide by the ethics detailed below during all Amity AC events will be asked to leave the building and may be subject to further consequences pending review.

Coaches' Code of Conduct:

- I will prioritize the emotional and physical well-being of all players over my personal desire to win.
- I will foster an inclusive, safe, and supportive environment for all players.
- I will demonstrate and teach respect—for referees, opponents, parents, players, and the game.
- I will use positive coaching techniques that encourage confidence, personal growth, and teamwork.
- I will never use profanity, demeaning language, or physical/verbal intimidation.
- I will ensure playing time is distributed fairly, consistent with league guidelines.
- I will refrain from arguing with referees or demonstrating unsportsmanlike conduct.
- I will avoid direct physical contact that could be misinterpreted and maintain professional boundaries at all times.
- I will maintain knowledge of current rules and coaching principles appropriate to youth athletes.
- I will refrain from using tobacco, alcohol, or any illegal substances during practices or games or attending any event under the influence.
- I will take care of all AMITY AC BASKETBALL equipment and return it in good condition.
- I understand that failure to comply with this code may result in disciplinary action or dismissal.

Players' Code of Conduct:

- I will respect referees, coaches, teammates, opponents, and spectators at all times.
- I will play by the rules and show good sportsmanship regardless of the game's outcome.
- I will not use profanity, insults, or gestures that are inappropriate or disrespectful.
- I will not intentionally harm or try to harm another player.
- I will not taunt, jeer, or criticize opponents or officials.
- I will keep the facility clean and treat equipment with care.

Parent/Guardian/Spectators' Code of Conduct:

- I will encourage my child to play by the rules and show good sportsmanship.
- I will be respectful to all players, coaches, referees, and other spectators.
- I will not coach my child or other children from the sidelines during games.
- I will refrain from using profanity, gestures, or conduct that disrupts games or practices.
- I will not consume alcohol, tobacco, or drugs at any practice or game location or attend any event under the influence.
- I will address concerns with coaches or AMITY AC BASKETBALL leadership at appropriate times—not during games or in front of players.
- I will respect the facility by properly disposing of my trash and keeping facilities clean.

AMITY AC BASKETBALL ASSOCIATION

Progressive Disciplinary Policy

AS A MEMBER OF THE AMITY AC BASKETBALL PROGRAM, I WILL ADHERE TO THE BEHAVIOR GUIDELINES ESTABLISHED BY THE AMITY AC BASKETBALL BOARD. FAILURE TO COMPLY WITH THESE GUIDELINES WILL SUBJECT ME TO DISCIPLINARY ACTION, INCLUDING THE CONSEQUENCES STATED BELOW. UNDERSTAND THAT THE AMITY AC BASKETBALL BOARD RESERVES THE RIGHT TO ESCALATE LEVELS OF DISCIPLINE BASED ON THE SEVERITY OF THE INFRACTION.

For Players:

- **First Offense:** Verbal warning from the coach unless the violation is serious.
- **Second Offense:** Suspension from one practice and/or game. A meeting will be held with the player, coach, and parent.
- **Third Offense:** One-week suspension from team activities.
- **Fourth Offense:** Removal from the team for the remainder of the season, and potential ban from future AMITY AC programs. An appeal will need to be granted for re-instatement.
- **Appeal:** Appeals for removal must be submitted to the AMITY AC BASKETBALL Board for review.

For Coaches:

- **First Offense:** Verbal or written warning from the AMITY AC BASKETBALL leadership.
- **Second Offense:** Suspension from one game.
- **Third Offense:** Suspension for the remainder of the season and potential disqualification from future coaching roles.

For Parents/Guardians:

- **First Offense:** Verbal warning from coach or league official.
- **Second Offense:** Removal from the facility for the remainder of the event.
- **Third Offense:** Suspension from attending the next game.
- **Fourth Offense:** Banned from attending any future games or practices for the season.

All incidents will be documented and reviewed by the AMITY AC BASKETBALL Board. Severe violations (e.g., threats, violence, harassment) may result in immediate suspension or expulsion without progression.

AMITY AC GAME RULES FOR THE 2025-26 SEASON

Length of Halves

There will be (2) 20 minute halves continuous clock except for injury/timeouts or within the last 2 minutes of each half the clock WILL stop.

Halftime

5 minutes continuous clock

Time/ Overtime

5 minutes

Stopped Clock

Timeouts

(5) Full Timeout per game

(1) Full Timeout per Overtime

No carryover from regulation or to additional Overtimes

Full-Court Press

Full-court press is defined as guarding in the backcourt. Guarding in the frontcourt is always allowed.

7th and 8th Grades: No pressing by either team until the last 2 minutes of EACH HALF.

Teams with a 10+ point lead may not press at any time.

9th through 12th Grade: Pressing is allowed with restrictions if there is a 15+ point lead.

Press Limit

7th and 8th Grades: 10+ point lead

9th through 12th Grades: 15+ point lead

Bonus FTs

2 FTs after 10 team fouls

5-Second Rule

This applies to all grades

10-Second Rule

This applies to all grades

Enter Lane on Free Throws

On release, the shooter must wait for the ball to hit the rim.

Players in Lane during FTs

Maximum of 6 players

Sub on FTs

Allowed after the 1st shot

Technical / Flagrant Fouls

Technical and/or flagrant fouls result in (2) free throws and a loss of possession.

Ejection is mandatory upon the 2nd infraction, but referees may determine that the 1st infraction is sufficient for ejection.

Referees are authorized to charge technical fouls against benches and fans for poor sportsmanship (e.g., distracting foul shooters).